

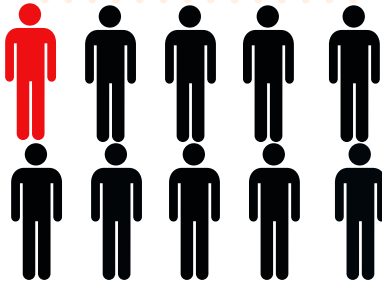
# Supporting Affordability for American's Health Insurance Plans!

## Treatment for Eating Disorders

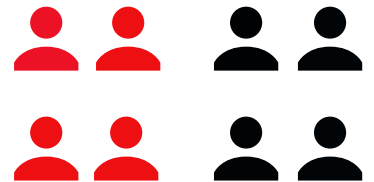


### 30 Million Americans

will experience an eating disorder in their lifetime. Eating disorders have the highest mortality rate of any psychiatric illness



An estimated **1 in 10** people with an eating disorder are on a small group or individual insurance plan.



**50%** of people affected by eating disorders have a co-occurring substance use disorder



**The Residential Eating Disorder Consortium (REDC)** is a national trade association of residential and intermediate eating disorder treatment programs, representing approximately **80%** of the intermediate levels of care for eating disorders provided in the United States, including residential, partial hospitalization, day program, and intensive outpatient treatment.

### Continuum of Care for Eating Disorders



REDC members meet treatment and operational standards, conduct collaborative research, and work together to address treatment access issues facing individuals with eating disorders and their families.

### Eating Disorder Treatment Under the Affordable Care Act (ACA)

With the ACA, more people are seeking treatment for eating disorders and co-occurring substance use disorder and are receiving treatment that includes:

- ✓ Mental health & substance use disorder coverage
- ✓ Maximums on out-of-pocket expenses
- ✓ No annual or lifetime limits
- ✓ Pre-existing condition protections

However, the current ACA structure causes concerns regarding 3 main issues:



- ↑ Rising premiums
- \$ High deductibles
- 👤 Limited provider networks

### "Increasing Access to Lower Premium Plans & Expanding Health Savings Accounts Act" (H.R. 6311)

- ✓ Section 4: Increases HSA contribution limit to match the plan's deductible or out-of-pocket maximum.
- ✓ Section 6: Allows certain medical expenses to be retroactively paid (up to 60 days) by individual's HSA.

### "Restoring Access to Medication Act" (H.R. 6199)

- ✓ Section 2: Permits health flexible spending arrangement FSA account balances to roll over (up to \$2,650/year) to subsequent years.
- ✓ Section 8: Permits HSAs to be used for the following: membership to a fitness facility, participation in a physical activity class, safety equipment for the use of a physical exercise or physical activity.