Recent research shows that COVID-19 has led to an increase in eating disorders behaviors including restriction and binge eating, underscoring the need to open up access to care and provide treatment flexibility via telehealth for people affected by eating disorders.

- **4,000% increase** in commercial telehealth claims year-to-year
- **1/3 of telehealth claims** are mental health claims
- Telehealth not covered for all levels of care
- **Only 13 states** require telehealth services be covered at the same rate as in-person
- Medicare and TRICARE have greatly expanded telehealth coverage during the Public Health Emergency
- **COVID-19 has significantly affected persons with eating disorders**, with recent research showing increases in eating disorders behaviors including restrictive behaviors in people with anorexia nervosa, and binge-eating behaviors in people with binge-eating disorder and bulimia.

Reps. Schrier and Roe’s bipartisan Health Care at Home Act would ensure telehealth coverage for normally covered benefits, including mental health and substance use treatment, for the duration of the Public Health Emergency by:

- Ensuring all medically necessary benefits in commercial and ACA plans are covered via telehealth, including mental health for the duration of the Public Health Emergency
- Covering telehealth services at the same rate as in-person services, including audio-only visits
- Ensuring all cost sharing for COVID-19 related treatment can be waived

If you would like to co-sponsor contact: Alicia.Bissonnette@mail.house.gov (Rep. Schrier) or Hannah.King@mail.house.gov (Rep. Roe)