

HEALTH CARE AT HOME ACT OF 2020 (H.R. 6644)

Reps. Kim Schrier, M.D. (D-WA-8) & Phil Roe, M.D. (R-TN-1)

Cosponsored by: Reps. Sewell (D-AL), Garamendi (D-CA), Napolitano (D-CA), Hayes (D-CT), Blunt Rochester (D-DE), Shalala (D-FL), Scott (D-GA), Axne (D-IA), Finkenauer (D-IA), Trone (D-MD), Levin (D-MI), Craig (D-MN), Phillips (D-MN), Omar (D-MN), Murphy (R-NC), Van Drew (R-NJ), Lee (D-NV), Morelle (D-NY), Katko (R-NY), Tonko (D-NY), Suozzi (D-NY), Rose (D-NY), DeFazio (D-OR), Wild (D-PA), Boyle (D-PA), Fitzpatrick (R-PA), Cicilline (D-RI), McAdams (D-UT).

ISSUE

Recent research shows that COVID-19 has led to an increase in eating disorders behaviors including restriction and binge eating, underscoring the need to open up access to care and provide treatment flexibility via telehealth for people affected by eating disorders.

- **4,000% increase** in commercial telehealth claims year-to-year
- **1/3 of telehealth claims** are mental health claims
- Telehealth not covered for all levels of care
- **Only 13 states** require telehealth services be covered at the same rate as in-person
- Medicare and TRICARE have greatly expanded telehealth coverage **during the Public Health Emergency**
- **COVID-19 has significantly affected persons with eating disorders**, with recent research showing increases in eating disorders behaviors including restrictive behaviors in people with anorexia nervosa, and binge-eating behaviors in people with binge-eating disorder and bulimia.

SOLUTION

Reps. Schrier and Roe's bipartisan Health Care at Home Act would ensure telehealth coverage for normally covered benefits, including mental health and substance use treatment, for the duration of the Public Health Emergency by:

- Ensuring all medically necessary benefits in commercial and ACA plans are covered via telehealth, including mental health for the **duration of the Public Health Emergency**
- Covering telehealth services at the same rate as in-person services, including audio-only visits
- Ensuring all cost sharing for COVID-19 related treatment can be waived

If you would like to co-sponsor contact: Alicia.Bissonnette@mail.house.gov (Rep. Schrier) or Hannah.King@mail.house.gov (Rep. Roe)

ENDORSED BY

2020 Mom, American Art Therapy Association, American Association for Psychoanalysis in Clinical Social Work, American Association of Child and Adolescent Psychiatry, American Association on Health and Disability, American Association of Suicidology, American College of Surgeons, American Dance Therapy Association, American Foundation for Suicide Prevention, American Group Psychotherapy Association, Alaska Eating Disorders Alliance, American Medical Association, American Nurses Association, American Occupational Therapy Association, American Psychiatric Association, American Psychological Association, American Society of Addiction Medicine, Anxiety and Depression Association of America, Children and Adults with Attention-Deficit/Hyperactivity Disorder, Clinical Social Work Association, College of Psychiatric and Neurologic Pharmacists, Depression and Bipolar Support Alliance, Eating Disorders Coalition for Research, Policy & Action*, Global Alliance for Behavioral Health and Social Justice, International Certification & Reciprocity Consortium, International OCD Foundation, The Jewish Federations of North America, Legal Action Center, Maternal Mental Health Leadership Alliance, Mental Health America, Myalgic Encephalomyelitis Action Network, NAAADAC the Association for Addiction Professionals, National Association of County and Behavioral Health & Developmental Disability Directors, National Association for Rural Mental Health National Alliance for Mental Illness, National Alliance for Mental Illness Minnesota, National Association for Behavioral Healthcare, National Association for Children's Behavioral Health, National Association of Social Workers, National Association of State Mental Health Program Directors, National Council for Behavioral Health, National Disability Rights Network, National Eating Disorders Association*, National Federation of Families for Children's Mental Health, National Register of Health Services Psychologists, No Health Without Mental Health, Psychotherapy Action Network, Residential Eating Disorders Consortium*, Sandy Hook Promise, Schizophrenia and Related Disorders Alliance of America, SMART Recovery, The Confederation of Independent Psychoanalytic Societies, The Emily Program*, The Kennedy Forum, WithAll*

The * denotes an EDC member organization.

