For more information or to co-sponsor, please contact:

Ellen Hamilton in Rep. Chu’s Office: Ellen.Hamilton@mail.house.gov
Martin Schultz in Rep. Walorski’s Office: Martin.Schultz@mail.house.gov
Kaitlyn Kelly in Sen. Hassan’s Office: Kaitlyn_Kelly@hassan.senate.gov
Anna Dietderich in Sen. Murkowski’s Office: Anna_Dietderich@murkowski.senate.gov

**H.R.3711/S.2907 Nutrition CARE Act**


FOLLOW THE EDC ON SOCIAL MEDIA:   🍿@EDCOALITION   🔗@EATINGDISORDERSCOALITION

**EATING DISORDERS AND THE MEDICARE POPULATION**

3-4%  
Rates of disordered eating in seniors are similar to those of the general population.¹,²

420,500-560,700  
Approximate number of Medicare Part B beneficiaries that are Black, Indigenous and People of Color who have an eating disorder.³

52 MINUTES  
Every 52 minutes someone in the U.S. dies as a direct result of an eating disorder.⁴  
(10,200 deaths per year)

3%  
Estimated rates of disordered eating in the SSDI population.  
[Gender diverse literature unavailable]

6%  
Approximate number of Medicare Part B beneficiaries that are Black, Indigenous and People of Color who have an eating disorder.³

**THE PROBLEM**

Medical Nutrition Therapy is an essential part of outpatient eating disorder treatment, yet is NOT a covered benefit for people with eating disorders under Medicare Part B.

**THE KEY COMPONENTS OF SUCCESSFUL EATING DISORDERS TREATMENT**

**LACK OF COMPREHENSIVE TREATMENT CAN LEAD TO:**

Co-occurring Medical Complications

When left untreated, eating disorders in the Medicare population can lead to heart failure, kidney failure, osteoporosis, Type II diabetes, stroke, gastric rupture, hypoglycemia, and more.³

**INDIVIDUAL**

**PSYCHIATRIC**

**MEDICAL NUTRITION THERAPY**

**THERAPY**

**MEDICAL**

**THE SOLUTION:**

The Nutrition CARE Act allows individuals affected by eating disorders on Medicare Part B to receive the existing Medical Nutrition Therapy benefits equal to other medical conditions.

**COVERAGE PROVISIONS:**

MNT coverage would be equal to the coverage that is currently available under Medicare Part B for diabetes and renal disease.

**COST CONTROL PROVISIONS:**

The bill includes provisions that give the Secretary the ability to authorize higher amounts of coverage as well as place cost-control measures as needed within the Medicare program - in addition to the savings already created by treating at the outpatient level.

**Annual Economic Costs**

<table>
<thead>
<tr>
<th>Cost</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Economic cost of eating disorders</td>
<td>$64.7B</td>
</tr>
<tr>
<td>Cost to the Federal Government</td>
<td>$17.7B</td>
</tr>
<tr>
<td>Cost to individuals &amp; families</td>
<td>$23.5B</td>
</tr>
<tr>
<td>Caregivers provide 6 weeks of informal, unpaid care</td>
<td>costing $29.3M</td>
</tr>
<tr>
<td>Inpatient hospitalizations</td>
<td>23,560</td>
</tr>
<tr>
<td>costing $209.7M</td>
<td></td>
</tr>
</tbody>
</table>

All economic cost data taken from Social and economic cost of eating disorders in the United States

3%  
Estimated rates of disordered eating in the SSDI population.  
[Gender diverse literature unavailable]

**52 MINUTES**

Every 52 minutes someone in the U.S. dies as a direct result of an eating disorder.⁴  
(10,200 deaths per year)

**3%**

Estimated rates of disordered eating in the SSDI population.  
[Gender diverse literature unavailable]

**420,500-560,700**

Approximate number of Medicare Part B beneficiaries that are Black, Indigenous and People of Color who have an eating disorder.³

**3-4%**

Rates of disordered eating in seniors are similar to those of the general population.¹,²

**52**

Every 52 minutes someone in the U.S. dies as a direct result of an eating disorder.⁴  
(10,200 deaths per year)

**3%**

Estimated rates of disordered eating in the SSDI population.  
[Gender diverse literature unavailable]

**6%**

Approximate number of Medicare Part B beneficiaries that are Black, Indigenous and People of Color who have an eating disorder.³

**FOLLOW THE EDC ON SOCIAL MEDIA:**

شاء@EDCOALITION   🔗@EATINGDISORDERSCOALITION
References from Infographic:


