

REDC Coronavirus Risk Management Approach Updated March 16, 2020

In this extraordinary time, REDC is urging centers to track closely and comply with the CDC and WHO guidelines, as well as local health department recommendations.

Currently, REDC is recommending that all members:

- Follow CDC and WHO guidelines, as well as local health department recommendations
- Thoroughly communicate guideline recommendations and best practices for preventive behaviors to clients and staff
- Enhance cleaning procedures in all facilities
- Restrict programming activities that involve public locations (e.g., passes, outings, etc.)
- Screen all clients for fever, cough, or other respiratory symptoms before admission, upon admission, and daily during treatment stay.
- Have a detailed policy related to management of clients exhibiting any of these symptoms
- Screen staff daily for fever, cough, or other respiratory symptoms. Ask staff exhibiting symptoms to return home and consult with their primary care provider.
- Regularly communicate with families and clients, keeping them informed of safeguards, policies, and procedures in place
- Screening and/or restricting visitors, while providing options for phone and/or videobased involvement with their loved one and the treatment team
- Have a quarantine plan in place, with guidance from local health departments, should a client in 24-hour care exhibit symptoms of COVID-19
- Consider transition of support group, outpatient, IOP, and possibly PHP services to telehealth delivery, if possible. Consider client and family access to necessary equipment and internet in these decisions.

Resources:

World Health Organization	CDC	Example State Department of Health (WA)
How does COVID-19 spread	<u>How it Spreads</u>	How is it spread? Fact Sheet

Questions? Email: contact@residentialeatingdisorders.org